

Finding your perfect fit!

Download and print this ring sizer guide.

For accuracy, please ensure that PDF is printed at 100% and to scale.

Measuring an existing ring

1. Select an existing ring that fits the intended finger.
2. Place the ring over the circle until you find a perfect match.

Tip: You should try to match the inside edge of your ring to the closest circle, if you happen to be between two sizes, choose the larger size.



Measuring your finger

1. Cut a small piece of string, thread, or ribbon. Ideally one that does not stretch.
2. Wrap the string, thread, or ribbon snugly around the base of your desired finger.
3. Using a pen, mark the point where the string meets and measure the length with a ruler (mm).

CIRCUMFERENCE (MM)	CANADA RING SIZE
48.0	4.5
49.3	5
50.6	5.5
51.8	6
53.1	6.5
54.4	7
55.7	7.5
56.9	8
58.2	8.5

Still having trouble?

Simply visit one of our Spence locations and we'll be happy to assist you in finding your ring size.